

WELCOME TO



**SHINING
STAR**

Restaurant / Diner

OPEN 24 HOURS

'If you have an apple, and I have an apple, and we exchange these apples, then you and I will still each have one apple. But if you have an idea, and I have an idea, and we exchange these ideas, then each of us will have two ideas.'

- George Bernard Shaw

EGGS & OMELETS

TWO EGGS ANY STYLE	4.75
With Ham, Bacon or Sausage	6.95
With Canadian Bacon	6.95
<i>(Substitute Turkey sausage \$1.50 EXTRA)</i>	
With Corned Beef Hash	8.50
PLAIN OMELET	5.95
MUSHROOM or SPINACH OMELET	6.95
AMERICAN or SWISS CHEESE OMELET	6.95
CHEDDAR or FETA CHEESE OMELET	6.95
HAM or BACON OMELET	6.95
GREEN PEPPER & ONION OMELET	6.95
WESTERN OMELET	7.95
HAM & CHEESE OMELET	7.95
FETA CHEESE, TOMATO & ONION OMELET	7.95
BROCCOLI & CHEDDAR CHEESE OMELET	7.95
TOMATO & MOZZARELLA CHEESE OMELET	7.95
FETA CHEESE & SPINACH OMELET	7.95
COTTAGE CHEESE OMELET	7.95
SALAMI & EGGS pancake style	7.95
FRESH VEGETABLE OMELET	8.95
MUSHROOM, AVOCADO & ONION OMELET	8.95
THREE EGGS DELUXE	8.95
<i>(Any style with ham , Bacon & Sausage)</i>	
SHINING STAR SPECIAL OMELET	8.95
<i>(Sun-dried tomato, fresh Mozzarella Cheese & Mushroom)</i>	
SHINING STAR FRITTATA	8.95
<i>(Plum tomato, fresh Mozzarella & Spinach)</i>	
CHILLI OMELET	9.95
<i>(Home made chilli with red onion & cheddar Cheese)</i>	
NOVA SCOTIA LOX & ONION OMELET	10.95
TURKEY, AVOCADO & CHEESE OMELET	10.95
<i>Substitute Potato with tomato \$0.75 EXTRA.</i>	
<i>Grits \$1.50 EXTRA. Baked Potato \$1.00 EXTRA</i>	
<i>Omelets can be made egg whites only \$1.00 EXTRA</i>	
<i>Add \$0.50 for Bagel or English muffin.</i>	
<i>Bacon OR Turkey sausage \$2.50 EXTRA</i>	
<i>Each additional item (Cheese or Veg) \$1.00 EXTRA</i>	
<i>Bagel with cream cheese \$1.75 EXTRA</i>	

LUMBER JACK	9.95
Hot Cakes with two Eggs and Ham OR Bacon OR Sausage	
<i>(With healthy pancake \$1.00 EXTRA)</i>	
MONTE CRISTO	9.95
Thick Slices of Challah Bread & Grilled Imported Swiss Cheese with Danish Ham & White Meat Turkey	
EGGS BENEDICT	8.95
Two Poached Eggs on English Muffin with Canadian Bacon and Hollandaise Sauce	
<i>(Substitute with Nova Scotia Lox \$10.95)</i>	

GRIDDLE SPECIALITIES

SILVER DOLLAR PANCAKES	5.25
PANCAKES or FRENCH TOAST	4.95
With Ham, Bacon OR Sausage	7.25
With Canadian Bacon	7.25
With Blueberry OR chocolate chips	7.25
With Strawberry & Banana	7.95
With Two Eggs (any style)	6.95
With Wet walnut & Banana	7.95

HEALTHY PANCAKES

THREE JUMBO MULTI-GRAIN or BUCKWHEAT or HONEY & WHEAT FLAPJACK	5.95
With Fresh Strawberry & Banana	8.95
With Wet walnut & Banana	8.95
With two eggs or Ham or Bacon or Sausage	7.95
With Blueberry OR chocolate chips	7.95
<i>(Pure maple OR Sugar free syrup 1.40 EXTRA.. Substitute Turkey sausage with regular sausage \$1.50 EXTRA)</i>	

<p><i>BOWL of GRITS or OAT MEAL 3.95</i></p> <p><i>With strawberry & banana 6.50</i></p> <p><i>(Raisins \$0.75 EXTRA)</i></p>

BELGIAN WAFFLES

CRISP GOLDEN BELGIAN WAFFLE	5.75
With Ham, Bacon OR Sausage	7.75
With Canadian Bacon	7.75
With Ice Cream	7.95
With Fresh Fruit & Whipped Cream	8.75
With Strawberry & Banana	8.75
With Wet walnut & Banana	8.75

<p>BAGEL, NOVA LOX & CREAM CHEESE 9.95</p> <p>Bagel `ALL THE WAY' 11.95</p> <p>With Cream Cheese Nova Scotia lox , Lettuce, Tomato Onion & Garnish</p>
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VIRGINIA HAM STEAK & EGGS	10.95
With Home Fried Potatoes and Toast	
POACHED EGGS FLORENTINE	8.95
Two Poached Eggs with Spinach, Feta Cheese & Hollandaise Sauce	
IRISH BREAKFAST	11.95
Two Eggs with Irish Sausages, Black & White Pudding, Irish Bacon, Potatoes & Toast & grilled tomato	
STEAK & EGGS	15.95
With Home Fried Potatoes and Toast	

JUICES & FRUITS

FRESH ORANGE JUICE	2.75 (S)	3.95 (L)
TOMATO/ GRAPEFRUIT/CRANBERRY/ APPLE JUICE	1.95 (S)	2.95 (L)

GRAPEFRUIT (HALF)	2.75
CANTALOUPE (HALF)	3.75
FRESH FRUIT SALAD	4.50
FRESH STRAWBERRIES (in Season)	5.25
MELON WITH COTTAGE CHEESE	6.25



BURGERS

French Onion Soup 3.50
Ask for soup of the day
Cup 2.25 Bowl 2.95

TRIPLE DECKERS

		DELUXE
JUMBO BEEF BURGER	4.95	7.25
TURKEY BURGER	5.25	7.50
GARDEN BURGER	5.25	7.50
CHEESE BURGER (Any cheese)	5.95	8.25
TEXAS BURGER (ONE Egg)	5.95	8.25
FETA CHEESE BURGER	5.95	8.25
MUSHROOM BURGER	5.95	8.25
PIZZA BURGER	5.95	8.25
CHILI BURGER	5.95	8.25
BUFFALO BURGER	5.95	8.25
BACON CHEESE BURGER	7.25	9.50
SHINING STAR BURGER	7.25	9.50
(Sautéed Onion, Mushroom, Green Pepper & Bacon)		
TWIN CHEESE BURGER DELUXE		10.95

TURKEY Bacon Lettuce & Tomato	11.95
ROAST BEEF AMERICAN CHEESE Lettuce & Tomato	11.95
TUNA SALAD EGG Lettuce & Tomato	9.95
CHICKEN SALAD Bacon Lettuce & Tomato	9.95
VIRGINIA HAM SWISS CHEESE Lettuce & Tomato	9.95
EGG SALAD Bacon Lettuce & Tomato	9.95
BREAST OF CHICKEN Bacon Lettuce & Tomato	11.95

Above served with French fries, Cole Slaw & Pickle

*Deluxe served with Lettuce, Tomato & French Fries.
Sautéed onion \$0.75 Extra. LT \$1.00 EXTRA. Onion ring or
baked potato instead of French fries add \$1.75*

BOCA BURGER
(Made with soy. cholesterol 0g.)
With French Fries or Tossed Salad
9.50

TURKEY MELT DELUXE

White Meat Turkey & Tomato on Rye Bread. Topped with Melted American Cheese. Served with french fries, Cole Slaw & Pickle **10.95**

TUNA MELT

Tuna Salad topped with melted American Cheese on Rye with Cole Slaw & Pickle **7.95**
Deluxe (Lettuce, Tomato & French Fries) **9.95**

REUBEN SANDWICH

Grilled Pastrami or Corned Beef with Sauerkraut on Rye Bread Topped with Melted Cheese. Served w/Potato Salad Cole Slaw & Pickle **10.95**

EGGPLANT PARMIGIANA on a Roll

7.95
Deluxe (Lettuce, Tomato & French Fries) **9.95**

TASTY SANDWICHES

MEAT

FRESH TURKEY All White Meat	7.25
ROAST SIRLOIN OF BEEF	7.25
CORNERED BEEF or PASTRAMI	7.25
MEATLOAF SANDWICH	6.95
SALAMI or HAM with American cheese	6.50
BACON, LETTUCE & TOMATO	4.95
<i>(Add \$2.25 for FF, \$0.75 for tomato, \$1.75 for avocado)</i>	

FISH

SALMON (Individual Garnish)	5.95
TUNA (Individual Garnish)	5.95
BONELESS & SKINLESS SARDINE	5.95
FRIED FILET OF SOLE on a Bun	8.95
DELUXE With French Fries, Lettuce & Tomato	10.95

GRILLED CHEESE

GRILLED CHEESE (Your choice of cheese)	4.25
With Tomato	4.75
With Ham or Bacon	5.50
"full house" tomato & Bacon	5.95
DELUXE With French Fries, Lettuce & Tomato	7.95

GRILLED CHICKEN

GRILLED CHICKEN BREAST on bun	6.50
DELUXE with French Fries Lettuce & Tomato	8.95
CHICKEN CUTLET PARMIGIANA on Roll	7.50
DELUXE	9.95
CHICKEN BREAST ON PITA With Tossed salad	9.95
CHICKEN FINGER DELUXE	9.95
CHICKEN DIJONNAINE DELUXE	9.95
<i>(Mozzarella cheese, Honey Mustard, LT & FF)</i>	

COLD SALAD SANDWICH

TUNA FISH SALAD	5.75
CHICKEN SALAD	5.75
EGG SALAD	4.75
<i>Add Bagel or Pita bread \$.50, cheese \$1.00, tomato \$0.75</i>	

COLD SALAD PLATTERS

TUNA SALAD PLATTER	8.95
CHICKEN SALAD PLATTER	8.95
EGG SALAD PLATTER	7.95
INDIVIDUAL TUNA PLATTER	9.50
INDIVIDUAL SARDINE PLATTER	9.50
INDIVIDUAL SALMON PLATTER	9.50

Above served with our Home made Potato Salad, Creamy Cole Slaw, Hard Boiled Egg, Lettuce & Tomato.

CHILI CON CARNE (mildly spiced) **8.95**
Served over rice chopped red Onion & melted cheddar cheese

HOT OPEN SANDWICHES

FRESH ROAST TURKEY All White Meat	12.95
ROAST TOP SIRLOIN OF BEEF	12.95
ROAST VIRGINIA HAM	11.95

Above Served With Potato & Vegetable

DIET DELIGHTS

SHINING STAR SLIM LINE

Sliced Turkey on Bed of Lettuce Tomato Low-fat Cottage Cheese, Fresh Fruit & Melba Toast

11.95

CALIFORNIA SALAD

Fresh Fruit Salad, Low-fat Cottage Cheese & Jello on Crisp Lettuce

9.95

BOCA or BISON or TURKEY or GARDEN BURGER

On a Bed of Lettuce Tomato, Fruit Salad, Low-fat Cottage Cheese & Melba Toast

10.95

BREAST OF CHICKEN

On a Bed of Lettuce Tomato, Low-fat Cottage Cheese, Fruit Salad & Melba Toast

12.95

APPETIZERS

MOZZARELLA STICKS (6)	6.95	STUFFED GRAPE LEAVES	6.95
FRIED CALAMARI	8.95	FRENCH FRIES WITH CHEESE	4.95
BUFFALO WINGS	6.95	STUFFED MUSHROOM With Crab Meat	7.95
SHRIMP COCKTAIL	10.95	FRIED CHICKEN FINGER W/ BBQ Sauce or Honey Mustard	8.95
		SPINACH PIE	7.95

ENTREES & ROASTS

ROAST YOUNG TOM TURKEY With Dressing	14.95
ROAST ½ CHICKEN With Stuffing	11.95
ROAST PRIME TOP SIRLOIN OF BEEF	14.95
BAKED MEATLOAF With Mushroom Sauce	13.95
TURKEY MEATLOAF With Mushroom Sauce	13.95
ROAST LEG OF LAMB	15.95
ROAST PRIME RIBS	19.95

Above Served with Tossed Salad Potato, Vegetable Bread & Butter

HOME COOKED ITALIAN PASTA

PENNE PASTA	
With Broccoli Chicken Oil & Garlic	13.95
FETTUCCHINE PRIMAVERA	
Fresh Veg Tossed with Garlic & Tomato Sauce	11.95
FETTUCCHINE ALFREDO With Breast of Chicken	13.95
FETTUCCHINE ALFREDO With Shrimp	17.95
PENNE BOLOGNESE with Our Classic Meat Sauce	12.95
LINGUINE With Calamari, Red Sauce & Garlic	13.95

Above Served with Tossed Salad Bread & Butter

FROM THE CHARBROILER

BROILED NY CUT SIRLOIN STEAK	22.95
LONDON BROIL With mushroom Gravy	13.95
BROILED CHOPPED SIRLOIN With Onion Rings	13.95
BROILED PORK CHOPS	15.95

Above Served with Tossed Salad Potato, Vegetable Bread & Butter

ITALIAN SPECIALITIES

SPAGHETTI WITH TOMATO SAUCE	10.95
BAKED MEAT LASAGNA	11.95
EGG PLANT PARMIGIANA With Spaghetti	11.95
CHICKEN CUTLET and SPAGHETTI	12.95
CHICKEN CUTLET PARMIGIANA With Spaghetti	13.95
FRIED SHRIMP PARMIGIANA With Spaghetti	17.95

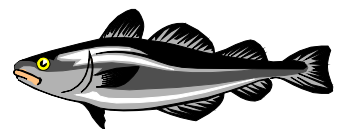
Above Served with Tossed Salad Bread & Butter

SHINING STAR CHICKEN SPECIALS

SOUTHERN FRIED CHICKEN	11.95	CHICKEN DIJONNAISE	
		Sautéed in Heavy Cream & Dijon Mustard	14.95
ROAST CHICKEN With Dressing	11.95	CHICKEN CACCIATORE	
BROILED HALF SPRING CHICKEN (skinless)	13.95	Sautéed in Tomato Sauce, Onion, Mushroom & Green Pepper	14.95
BROILED BREAST OF CHICKEN	13.95	CHICKEN TERIYAKI	
CHICKEN KABOB		Sautéed with Mushroom, Onion in Teriyaki Sauce	14.95
Cubes of Chicken with Onion, Mushroom, Green Pepper and sliced Tomato	14.95	CHICKEN PICATA	
CHICKEN FRANCESE		Sautéed in White Wine, Capers & Lemon	14.95
Sautéed in Butter and Lemon Wedge	14.95	CHICKEN SCAMPI	
CHICKEN MARSALA		Sautéed in white wine & garlic	14.95
Sautéed with Marsala Wine Sauce & Mushroom	14.95	CHICKEN CARDINALE	
CHICKEN SAN REMO		Sautéed in Mushroom, Garlic Marsala Wine Sauce with Mozzarella Cheese	15.95
Sautéed in Lemon, Garlic & Mushroom	14.95	CHICKEN FLORENTINE	
		Broiled Chicken Breast Stuffed Spinach & Feta	15.95

Above Served with Tossed Salad, Rice OR Potato & Vegetable

SEA FOOD



BROILED			
FRESH RED SALMON	15.95	SHRIMP SCAMPI	18.95
FRESH WHOLE RED SNAPPER	16.95	SEAFOOD COMBINATION	19.95
FILLET OF LEMON SOLE	15.95	SHRIMP FRANCESE	18.95
With Crab Meat Stuffing	17.95	FRIED JUMBO SHRIMP	17.95
L.I. FLOUNDER	14.95		
With Crab Meat Stuffing	16.95	SAUTEED FILLET OF SOLE FRANCESE	17.95
STUFFED SHRIMP With Crab Meat	18.95		

Above Served With Tossed Salad, Potato & Vegetable, Bread & Butter

GREEK DELIGHTS

MOUSSAKA Stuffed Eggplant in Cream Sauce served with Greek Salad	11.95	GYRO DELUXE With French Fries and Greek Salad	9.95
SPINACH PIE With Greek Salad	11.95	CHICKEN SOUVLAKI With French Fries and Greek Salad	10.95
GYRO SANDWICH on Pita Bread	7.95		

SIDE ORDERS

FRENCH FRIES	3.00	RICE	3.00
MASHED / BAKED POTATO	3.00	STEAMED VEGETABLE of the day	4.95
HOME FRIES	3.00	SAUTEED VEGETABLE	5.95
CRISP DEEP FRIED ONION RINGS	3.95	STEAMED VEGETABLE PLATTER	6.95
BACON or HAM or SAUSAGE	3.95	CORNED BEEF HASH	4.75
CANADIAN BACON	4.25	TOSSED SALAD	4.95
IRISH SAUSAGE or BACON	4.95	POTATO SALAD	3.00
TURKEY SAUSAGE	4.95	SPAGHETTI with Tomato Sauce	5.50
COLE SLAW	3.00	COTTAGE CHEESE	4.25
AVOCADO	3.00	GARLIC BREAD	2.00

GREAT GREENS

CAESAR SALAD	7.95	FRESH SPINACH SALAD With Mushroom, Bacon, Hard Boiled Egg and Cucumber	9.95
CAESAR SALAD With Breast of Chicken	10.95	COBB SALAD Grill Chicken Breast, Avocado, Broccoli, Lettuce, Tomato, Cucumber, Onion	12.95
FRESH GREEN TOSSED SALAD With grilled Breast of Chicken	10.95	ELITE SALAD Tossed Salad With Turkey American Cheese & Sliced Boiled Egg	10.95
GREEN TOSSED SALAD with individual Tuna	10.95	CHEF'S SALAD BOWL Assorted Greens with Turkey, Roast Beef, Ham, Swiss Cheese and Hard Boiled Egg	11.95
SALMON NICOISE SALAD Poached Fresh Salmon, Steamed Broccoli Lettuce, Tomato, Cucumber, Black Olives, Hard Boiled Egg	15.95	GREEK SALAD Feta Cheese, Anchovies, Olives, Stuffed Grape Leaves, Lettuce, Tomato, Onion and Cucumber	10.95
SHINING STAR SALAD Tossed salad, with grilled breast of chicken, broccoli & fresh Mozzarella Cheese	11.95		

QUICHE

(Served With Greek Salad)
10.95

- BROCCOLI & CHEDDAR
- QUICHE LORAINNE (Ham & Bacon)



DELICIOUS STUFFED BAKED POTATOES

"A meal in itself"

Order a Delicious Stuffed Baked Potato with any of the following

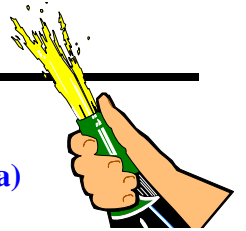
American or Swiss or Cheddar Cheese	5.95	Feta Cheese & Spinach	7.95
Broccoli	5.95	Bacon & Cheddar Cheese	7.95
Spinach	5.95	Broccoli & Cheddar Cheese	7.95
Mushroom	5.95	Spinach & Mushroom	7.95
Pizza Spud	5.95	Swiss Cheese & Mushroom	7.95
Bacon	6.95	Chilli Cheddar Cheese & Onion	7.95
Feta	6.95	Tuna OR Chicken Salad With American Cheese	8.95
Tuna OR Chicken Salad	7.95		

Made with any combination of items
(\$1.50 EXTRA EACH ITEM)

WINE/CHAMPAGNE

Glass \$6.50

Bottle \$19



CHAMPAGNE

Pearly Bay Celebration sparkling wine
(South Africa)

WHITE WINE

Val verde Pinot grigio (Italy)
Tarapaca Sauvignon Blanc (Chile)
Estrella chardonnay (California)
Cranlake White Zinfandel (California)

RED WINE

Montpellier Pinot Noir (California)
Naparidge Merlot (California)
Dinky Do Shiraz (Australia)
Forest Ville Cabernet Sauvignon(California)
Campobello Chianti (Italy)
Alposur Merlot (Argentina)

BEERS \$5

Heineken
Beck's

Corona
Rolling Rock

Budweiser
Amstel Light

Coors Light
Samuel Adams

Ask for varieties of **COCKTAILS**

GREAT SMOOTHIES 4.75

* Fresh Banana Strawberry Low-fat Yogurt & Skim Milk
* Fresh Mixed Fruit with Low-fat Yogurt & Orange Juice
* Apple Juice with Fresh Banana & Strawberry

MANGO SMOOTHIE 3.75

Fresh Home Made Yogurt *With Granola, Honey, Fresh Strawberry & Banana* 7.95

COLD BEVERAGE

ICED COFFEE OR TEA	1.75	OLD FASHIONED NY EGG CREAM	2.50
FOUNTAIN SODAS	1.25	LEMONADE	2.00
MILK	2.00	ICED CAPPUCINO	3.95
CHOCOLATE MILK	2.50	ICE CREAM SODA	4.25
		ICE CREAM SHAKE	4.50

DESSERTS

CAKES

CREAMY CHEESE CAKE	3.95
STRAWBERRY SHORTCAKE	3.95
CARROT CAKE	3.95
CHOCOLATE MOUSSE CAKE	3.95

PUDDINGS

CREAMY RICE PUDDING	3.50
JELLO	3.50

ALL Sundae *(your choice of any flavor
Vanilla/Chocolate/strawberry with nuts & Whipped cream)* 7.95
Dish of Ice Cream 4.50

PIES

HOMEMADE APPLE, BLUEBERRY or CHERRY PIE	3.50
LEMON MERINGUE PIE	3.50
FRUIT PIE A LA MODE	4.95

COOKIES & DANISH

CHOCOLATE CHIP COOKIE	2.00
POUND CAKE	2.00
CINNAMON HORN	2.00
HOME MADE MUFFIN	2.25

BANANA SPLIT 7.95
*Banana with Vanilla, Chocolate & Strawberry
Ice cream, Whipped Cream & Nuts*

HOT BEVERAGES

FRESH BREWED COFFEE or TEA	1.50	HOT CHOCOLATE	2.00
DECAFFEINATED COFFEE or TEA	1.50	With Whip Cream	2.50
HERBAL TEA	1.50	CAPPUCINO	3.50
		ESPRESSO with LEMON PEEL	2.50

Honey \$0.50 EXTRA

Thank you for your patronage